



LibertyBay

— RECOVERY CENTER —

Discover the power of freedom

Help is Here, Call Now:
1-844-894-2673

Extended

Care Treatment for Men and Women



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Entering Treatment

Admission to Liberty Bay is just a phone call away. Day or night, one of our helpful admissions staff will be there to answer your questions about our program and give you encouragement about the prospect of entering treatment. We know that this is a difficult time in your life and having someone there to listen can make all the difference in the world.

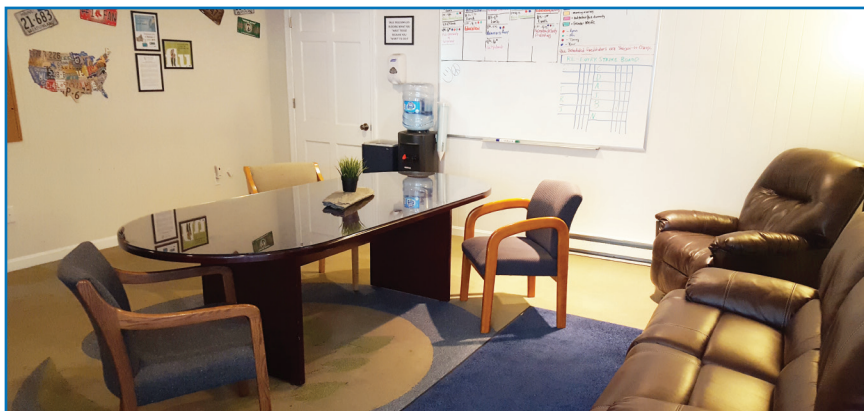
Once the initial call is made, our admissions team will arrange a phone screening with one of our clinical staff members. This screening is designed to ensure that you are a good fit for our program, but more importantly, that we are a good fit for you. Not everyone who calls Liberty Bay will be ready for the treatment we provide and if that's the case, our admissions staff will work hard with you to find a suitable alternative to meet your needs. One call can change everything!

We Work With Most Major Insurance



What is Extended Care Treatment?

For those that have tried a 30-day program, sober living or an “IOP” and have come away wanting more, an extended care program might be what you are looking for. An extended care treatment program is one that offers medical, therapeutic, transitional and experiential components that help the individual detox safely from drugs and alcohol and acquire the needed tools for enjoying a lasting recovery.



Day 1-30

- Seen by In-House doctor to begin medication assisted detoxification as needed
- Get situated in the housing component and begin “Blackout” period
- Get clinically assessed and create individualized treatment program
- Begin groups, attend meetings and start working with a sponsor

Month 3-9

- Participate in Monday and Wednesday Aftercare Groups
- Live at home or one of our affiliated sober livings
- Begin employment and have access to personal transportation
- Weekly individual counseling and urine drug screens
- Completion of Aftercare Treatment Plan

Day 30-60

- Continual medical follow-up
- Begin heavy processing work in groups
- Weekend visits with family and friends
- Working towards finishing step work

Day 60-90

- Participate in Family Therapy Weekend
- Complete up to Step 8 with sponsor
- Completing individual treatment goals
- Aftercare planning and graduation

Recovery is not a destination; it's a journey.
Let us show you the path to a fulfilling and long-lasting recovery!



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What is a Therapeutic Community?

Over the past 50 years, the Therapeutic Community (TC) for addiction treatment has evolved from a modality which played a marginal role in the treatment world to one that is now considered to be one of the core components of the substance abuse treatment continuum. TC's have a recovery orientation, focusing on the whole person and overall lifestyle changes, not simply abstinence from drug or alcohol use. The creators of the TC believe that recovery is a gradual, ongoing process of cognitive

change through clinical interventions. It is our belief that advancement in our program will transform the individual because of the intensity of the treatment and the method in which it is delivered. Our modified TC blends time tested treatment methods with real-world applications. Our therapists have years of experience administering, fostering and developing the TC method and at Liberty Bay; the individuals we serve are reaping the rewards of this treatment approach.

Goal Attainment

Engagement in "Right Living"

Building Coping Skills

Social Learning

Personal Responsibility

Process Groups

Re-Entry

Anger Work



Keys to Successful Therapeutic Community Engagement

Behavior Modification

Therapeutic Alliance

Peer Tutoring

Pull-Up Groups

Full Family Function

Honesty

Family Therapy Weekend

Trusting the Process



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Medical Approach

At Liberty Bay, we believe that quality medical care is a top priority in the treatment of substance abuse disorder. Getting clean and sober takes more than just putting down the drink and putting a roof over your head. Years of substance abuse typically means that you have been putting off routine medical visits and have been using drugs and alcohol to treat symptoms of an underlying condition. Here at Liberty Bay, we ensure that you are seen upon admission by a Board Certified Addiction Medicine Profession and that you are seen on a regular basis during your time with us. By having open access to quality medical care you will have a greater chance of success as you heal physically and emotionally?

Opiate Detox

For those that come to Liberty Bay needing to detox from opiates, we offer a short term Sub Oxone taper to help you get through the difficult stages of early recovery. Our Doctor and medical staff will monitor your progress as you gradually decrease in your prescribed dose. We use Sub Oxone as a tool for detox and not as a long-term solution for opiate addiction.



Our facility offers:

Medication Management

24-Hour On-Call Nursing

Staff Trained in First Aid/CPR/Blood
Borne Pathogen

Transportation to Medical
Appointments

Touchless Soap-Towels-Hand Sanitizers

HIV/Hepatitis C Testing

Prescribe Pickup Dispense Medication

Detoxification from Drugs and Alcohol



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Housing Component

What sets Liberty Bay apart from a tradition Outpatient or a sober living home is our ability to provide quality substance abuse treatment from a residential style setting. Our alliance with local structured sober living homes gives us the ability to have 24-hour supervision and the transportation needed to daily group therapy, 12-Step meetings and local events/activities. Staying in these homes allows you easy access to our program at Liberty Bay while offering a safe and comforting environment conducive to success in early recovery.



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Our facility offers:

Two to a room	Toiletries for those that need
Washer and Dryer	YMCA Membership
Linens	Phone and Television Access
24-Hour Supervision	Food
Transportation to meetings	Shopping and Leisure Activities



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Joint Commission Seal of Approval

Liberty Bay was founded January 2015 and has been a State Licensed treatment provider since April 2015. Since that time, we have offered our services to over 120 men and women and have been improving our program every step of the way. In making these improvements, we have had our eyes set on achieving the Joint Commissions Gold Seal of Approval. Becoming accredited with the Joint Commission is not an easy task one that requires a lot of hard work. It takes dedication from the top all the way down. After a long preparation period and a stringent survey process, we are proud to announce that in October 2016 we earned our 3 year Joint Commission Seal of Approval.



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Joint Commission Approval means that Liberty Bay is exceling at and continually improving on:

Health Care Information

Client Care Delivery

Facility Safety and Condition

Hiring Process

Admissions Process

Developing New Programs

Response to Emergency Situations

Infection Control and Monitoring

Treatment Plans with Evolving Outcomes

Medication Management Systems

Proper Discharge Planning and Referral

Rights and Responsibilities of Individuals Served

What is Liberty Bay?

We are a State Licensed and Joint Commission Accredited extended care treatment facility for men and women dealing with substance abuse. Our professional staff will guide you or your loved one from the initial phone call all the way to successful completion of our program. We combine years of medical, clinical and administrative talent to deliver a high quality treatment experience.

We are here for you to learn more about our program or to start on the road to recovery. Call today and let us help you "Discover the Power of Freedom".



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